

# The Healing Journey to Become an Animal Ally

## Syllabus and description of our 12-week program

During this 12-week journey you will receive the specific tools to awaken your psychic abilities and open the path of intuitive animal communication. By self-study of the wide variety of topics and activities during the week, you will set a firm foundation to be able to get the most out of the dynamic and interactive chat sessions with the facilitators and the other group members each weekend. You will be able to ask questions you may have and share your experiences with the exercises so that all the group will benefit from each others perspectives. By the end of the course, you will be able to receive your current animal companion's guidance to help you on your personal path and the joint life mission you share together.

Through private personal sessions with your animals, we will help them to heal their energetic blockages and imbalances which will in turn help them to heal and assist you with your emotional and spiritual challenges. We will clear your animal companions of any negative energy that they have accumulated through past traumas and the daily healings they perform with their human families. The course includes animal communication sessions with your animal, done by Gaby and Koru, and at least one long distance healing session or soul retrieval as well as an activation of their healing chakra (second heart chakra) should they be ready and willing to do so. We will also address any energetic imbalances and blockages in your own field as needed.

### What you'll get:

- **Access to Spirit Bond's virtual classroom** with weekly lessons for self-study where you will find key concepts and learning activities to do on your own schedule and from any device connected to the internet.
- **A weekly 90-minute live group coaching call** where you will interact with group facilitators and other students to share in the learning process together and get your specific questions answered.
- **Access to recorded group calls** for those that can't make it to the live sessions.
- **Loads of practical exercises, techniques, tips, and advice** to expand your awareness and skill into the realms of the natural and animal kingdoms.
- **Inclusion in private Facebook/WhatsApp community chat group** for peer-to-peer support and interaction as well as dedicated attention from the group's facilitators.
- Personalized 1-on-1 **animal communication session** with 1 animal of your choice
- **Distance healing session for you and your animal** as appropriate and indicated by the animal communication session. This healing session may include, but is not limited to, Reiki/energy healing techniques, crystal energy, past life work, inner child healing, emotional codes work, and/or other appropriate healing and holistic techniques as required.
- Any **imbalances or blockages** that you may have will be addressed during the course.

- **Life-long access to the Spirit Bond community** including private Facebook and WhatsApp group for peer support and consultation.
- **Activate your animal's healing chakra (2<sup>nd</sup> heart chakra)** should he be ready and willing to do so.
- Get you and your animal into a **healing partnership** so that healing for both can continue long after the 12-week course is over.
- **Follow up** after the course to check progress and address questions that may arise (through email and social media).

**BONUS FOR YOU!** As a result of working through the program, you will have your own Roadmap to Optimum Health for you and your animal companion that we will be building together over the course of the 12 weeks. This personalized plan will include any necessary changes in diet, lifestyle, etc. that will support you and your animal's ultimate well-being and may include holistic health recommendations such as vibration medicine, energy healing programs, etc.

At the end you will also receive a Spirit Bond Membership Badge as "Animal Ally" and you will be able to join volunteer activities to help your community.

## Unit I: Reconnect

Weeks 1-2 We begin by recovering our innate connection with subtle energies and our intuition, the animal and plant kingdoms, and the world that surrounds us. By sharpening our inner vision through exercises designed to strengthen our abilities of observation and imagination and our sensitivity to the subtle signals of life, we put a firm foundation in place to move forward on this journey into ourselves.

In this unit, we will guide you through the following items:

Evaluation of you and your animal companion:

- This is an online evaluation. After we receive your results, we will tap into your energy in an individual way and then into your animal companion's field. Afterwards we will evaluate also the bridge between both of you.
- There are overactive bonds and underactive bonds between humans and their animal companions and at this stage we will tap into your connection to feel any unbalance.

Activating your full sensory experience:

- In our connection with the natural world and mother earth, we not only need our third eye and intuition, we also need to expand our sensory perception to achieve a complete sensory experience. Here we will explore the following:
- Zen drawing

- Scent experiences and scent memory recall
- Connecting touch with full aware perception
- Your unique way of relating emotions with visual and auditive perceptions
- Understand the basis of accessing subconscious impressions or blocked memories through our physical senses.
- Third eye: a bit of science, essential nutrition and multidimensional connection.
- Electromagnetic fields and the connection to all the physical dimension.
- Interference through waves, distinguish your voice from infiltrated programs.

## Unit II: Ancestral Wisdom

**Weeks 3-4** Here we take our knowledge from the personal to the transpersonal level. We dive into the rich realms of dreams, shamanic power animals, totems, and animal archetypes and discover what they have to teach us in the modern world. We will discover our powerful connection and responsibility within the web of life and how connecting to the ancient wisdom of our ancestors can help ensure the survival of our species and the health of our planet and all its inhabitants.

In this unit, we'll explore:

- Why do animal spirits communicate with us?
- How do they try to contact us?
- Guided meditation/exercise to connect with an animal messenger
- Animal archetypes and the collective message that they have passed through generations
- Animal form and physical messages they give us just by looking at them
- Connection between a past life and the animal kingdom. A message for your present from your soul's ancestral experience.
- Our role as part of nature
- Our role as guardians and caretakers
- Our collective situation and our individual dissonance and resonance

## Unit III: An Animal's Purpose

**Weeks 5-6** In this unit, we explore the spiritual missions of the various animals on our planet, from farm animals and domesticated companions to inhabitants of the wilderness and the waters. We will examine our part in their ultimate purpose and the serious social and ecological implications of collectively relegating them to the status of mere "beasts of burden" and food sources for our enjoyment and consumption. This unit will dramatically change the way you see the animal world and our place in it as fellow animals.

We will study the following subjects:

- Where did the separation begin?
- Relationship between masculine and feminine distorted patterns and animals.
- Famous “landmarks” that we all learn and share as part of our culture but that contain a different meaning than what we think.
- Beasts of burden and food sources: why, how, and what to do about it.
- Discussions about carnism, vegetarianism and veganism, personal views, thoughts and wishes.
- Sharing towards a compassionate outcome for all.

## Unit VI: Mirroring

**Weeks 7-8** In this core unit, we use the concept of mirroring to see deeply into the issues and patterns that are holding us back. We analyze the relationships we share with the animals in our lives and learn about the impact they have on our personal journey. We start to see the key role they play and how they are an important component to unraveling our own issues and life purpose if we know how to listen.

We will study and analyze the following:

- What is mirroring?
- Mother earth and polluted environments what is she trying to tell us (other than the obvious –stop littering- there is a hidden profound message here)
- Why and how farm animals reflect our current situation.
- Emotional Contagion
- Our pets our mirror

## Unit V: Your journey

**Weeks 9-10** In personal coaching and healing sessions, we will use intuitive animal communication to receive your animal’s specific messages and advice for your personal growth for you. In the context of the supportive environment of the group, we will elaborate a detailed plan to move forward on any physical or emotional issues that you or your animal may be facing. With our renewed sensitivity, we dig deeply into our own personal stories as a group and begin discovering the inner life of our pets.

To get in touch more deeply with your personal journey we will guide you through this topics:

- Spiritual Bypass – exercises to personally discern if we are falling into a spiritual bypass in any area of our life.
- Narrative exercise about your animal companion’s life

- Matching your animal's path with yours
- Understanding the emotions behind physical ailments.
- Understanding what your animal is trying to help you with at this moment through his physical, emotional, mental and spiritual bodies.
- In this unit, we will hold a personal animal communication session with your animal companion and evaluate what she/he needs to be able to heal and move forward as well as know if he/she is ready to activate/open or balance the healing chakra (also known as 2nd heart chakra in animals).

## Unit VI: Become an Animal Ally

**Weeks 11-12** Drawing on all the information, insights, epiphanies, and personal messages from our animals that we have gained over the course of the program, we now focus on integrating it all into a renewed way of relating to our animals, our families, and the world around us using real and practical means. Together, we make a clear and grounded roadmap to cement in the new transformation you have achieved into a growing and ever-expanding way of being that will benefit you for the rest of your life.

To create your personal roadmap we will walk you through:

- Changes on your animal companion's life routines.
- Healing your animal with nutritional improvement, Bach flower therapy, crystal therapy and energetic healing.
- In this phase, we will perform a personal distance healing session for you and your animal according to what is needed at the moment (either energetic healing, soul retrieval, implant removal).
- Online evaluation to see changes, goals and reflections you have had at this point.
- Guided meditation/exercise on how to seal and expand your aura and the aura of your pets.
- How to love negative entities and turn the tables on negative happenings to help us grow and expand.
- Your relationship with animals from now on
- Your role as an Animal Ally
- Options on how to help animals on their mission



**Reservation \$100 USD (before June 30th)**

First Installment on July 15 – \$299 USD

Second Installment on August 1st – \$299 USD

Third Installment on September 1st – \$299 USD



**Reservation [\\$100 USD](#) (before July 10th)**

First Installment before July 20th – \$375 USD

Second Installment on August 15th – \$375 USD

Third Installment on September 15th – \$375 USD

After you enroll, your partner or any other family member (living in the same household) is eligible to receive a 50% discount off the total price of the 12-week program (spaces limited).

***If you decide to pay the entire program in advance (before June 30), you'll receive the special price of just [\\$899 USD](#) for the whole course, which is less than 80 dollars a week.***

*All payments must be made via PayPal. Please click on the USD links above to make the payment of your choice. For future reference you can send payments to [contact@spiritbond.org](mailto:contact@spiritbond.org) through Paypal.*

Enroll today and enjoy the changes in your relationship with animals and nature for the rest of your life.

Thank you for reading 😊 If you have any questions or would like to request a free 30 minute call with us, please write an email to [contact@spiritbond.org](mailto:contact@spiritbond.org)